



RECREATION DEPARTMENT

The Heart of the Neighborhood



STAYING FIT



@ NORMAN PARK

NEW FITNESS CENTER NOW OPEN!

10:30 AM - 2 PM, MONDAY - FRIDAY

****EXTENDED HOURS: 5-7 PM MON-THURS & 10 AM-12 PM ON SATURDAYS**

***Extended hours made possible through a grant from Scipps Health*

Equipment includes treadmills, elliptical cross trainers, strength equipment, weights, upperbody ergometer, and stationary bicycle!



Quarterly Fees:
\$25 residents/
\$50 Nonresidents

Jan-March, April-June, July-Sept*, Oct-Dec

***Reduced Summer Fee: \$20 Residents/\$40 Nonresidents**

Equipment Orientation is required before joining the fitness center. Sign up in the office.

NORMAN PARK

270 F STREET

Call (619) 691-5086

